

knitting in scottsdale design studio

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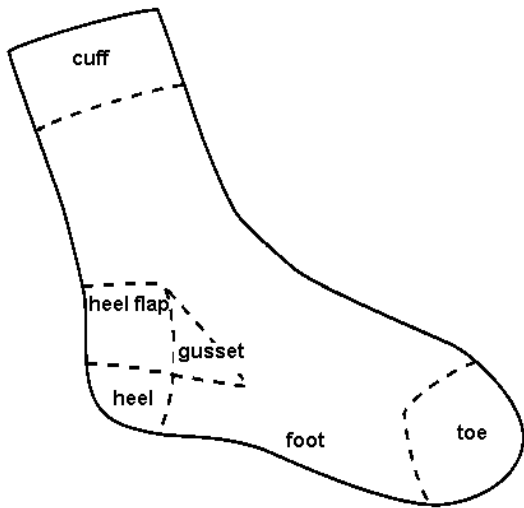
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PATTERN HELP

For help on one of our exclusive designs or custom written patterns
e-mail your question to: knitinscotts@cox.net

Please include your name and phone number



TO BEGIN

Cast on 60 stitches on one double pointed needle. Divide onto 3 double pointed needles, 20 stitches on each needle. Join into a round, being careful not to twist the work.

http://knittersreview.com/article_tool.asp?article=/review/profile/010426_b.asp

CUFF—(after a few rounds of the cuff, indicate the beginning of the round—*where the tail is*— with a safety pin, moving it up as you work).

Option 1 all ribbed: Work in 2 x 2 ribbing for 6 inches or desired length.

Option 2 ribbed top with stockinette cuff: Work in 2 x 2 ribbing for 1 inch and then continue in stockinette stitch for another 5 inches or desired length.

HEEL FLAP

DIVIDE STITCHES—Knit next 30 stitches for heel, slipping a ring marker on the right-hand needle after 15 stitches. Place remaining 30 stitches on one needle for instep, to be worked later.

Work back and forth on heel stitches as follows:

Row 1 (wrong side) slip first stitch and purl the remaining stitches

Row 2 *slip 1, k1* across row

Repeat these two rows until heel measures 2 ½ inches, ending ready for a purl row.

TURN HEEL <http://www.youtube.com/watch?v=essddfW7Ud8>

Row 1: Slip 1 p16 stitches, p2tog, p1, turn

Row 2: Slip 1, k5 stitches, k2tog, k1, turn

Row 3: Slip 1, p6 stitches, p2tog, p1, turn

Row 4: Slip 1, k7 stitches, k2tog, k1, turn

Row 5: Slip 1, p8 stitches, p2tog, p1, turn

Row 6: Slip 1, k9 stitches, k2tog, k1, turn

Row 7: Slip 1, p10 sts, p2tog, p1, turn

Row 8: Slip 1, k11 stitches, k2tog, k1, turn

Row 9: Slip 1, p12 stitches, p2tog, p1, turn

Row 10: Slip 1, k13 stitches, k2tog, k1, turn

Row 11: Slip 1, p14 stitches, p2 tog, p1, turn

Row 12: Slip 1, k15 stitches, k2tog, k1, turn =18 stitches

Row 13 Slip 1, purl across

The heel is turned; there are 18 stitches on the heel needle and 30 stitches on the instep needle.

GUSSET

Next row and set up row:

knit across 9 heel stitches, remove ring marker.

Using another needle (**needle #1**) k the other 9 heel stitches from heel, and using the same needle (**#1**), pick up and knit 15 stitches along the side of the heel.

Using another needle (**needle #2**) knit across the 30 instep stitches.

Using another needle (**needle #3**) pick up and knit 15 stitches along the other side of the heel, using the same needle (**#3**) knit across the 9 heel stitches.

The middle of the heel is now the beginning of the round. Mark the row below with a safety pin between needles 1 and 3. You have 24 stitches on needle #1, 30 stitches on needle #2(instep), and 24 stitches on needle #3 =78 stitches.

SHAPE GUSSET

Round 1

needle #1 knit to within 3 stitches of end of needle, k2tog, k1 = 23 stitches

needle #2 Knit across

needle #3 k1, ssk (see page 2), knit to end

Round 2 knit without decreases

Repeat rounds 1 and 2 until 15 stitches remain on needles 1 and 3 and 30 stitches are still on needle #2 = 60 stitches.

FOOT

Work even on 60 stitches until foot of sock measures 2 inches less than total finished length. The finished length is from the back of the heel to the end of the big toe; end ready for needle #1 (center of heel).

SHAPE TOE

Round 1

needle #1 knit to within 3 stitches of end of needle, k2tog, k1

needle #2 k1,ssk, k to last 3 stitches, k2tog, k1

needle #3 k1, ssk, knit to end

Round 2 knit without decreases

Repeat rounds 1 and 2 until 24 stitches remain—

6 stitches on needle#1

12 stitches on needle #2

6 stitches on needle #3

Using needle #3, knit across the stitches on needle #1. There should be 12 stitches on two needles. Break off yarn leaving a 24-inch tail. Use the Kitchener stitch to weave the toe stitches

KITCHENER STITCH (used to graft stitches together to look like stockinette stitch).

Place the stitches to be grafted onto two needles and break the working yarn, leaving a tail roughly twice the length of the seam. Thread the tail of yarn onto a tapestry needle. Hold the two knitting needles together in the left hand with the needle's points facing right and the wrong sides of the knitting facing together. Hold the threaded tapestry needle in the right hand. For best results, position the stitches near the points of the needles.

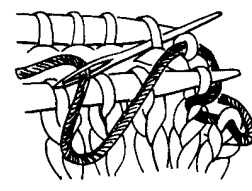
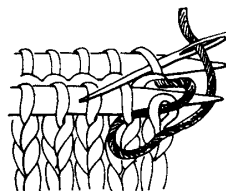
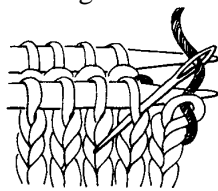
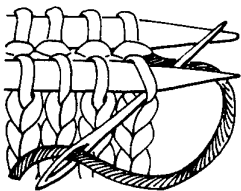
In preparation, Insert tapestry needle into the first stitch on the front needle as to purl. Draw yarn through stitch, leaving stitch on knitting needle. Insert tapestry needle into the first stitch on back needle as to knit, leaving stitch on knitting needle. Then continue steps 1 through 4 until all stitches are joined. Keep the tension the same as the knitting.

1. Insert tapestry needle into the first stitch on the **front** needle as to **knit**. Slip stitch off knitting needle.

2. Insert tapestry needle into the next stitch on same (**front**) needle as to **purl**. Draw yarn through stitches, leaving stitch on knitting needle.

3. Insert tapestry needle into the first stitch on **back** needle as to **purl**. Draw yarn through stitch and slip the stitch off knitting needle.

4. Insert tapestry needle into the next stitch on **back** needle as to **knit**, leaving stitch on needle.



When weaving, do not pull yarn tightly or too loosely; woven stitches should be the same size as adjacent knitted stitches.

TRACKING SHEET the numbers below are not the number of rows required to reach your measurement (for the cuff, heel flap or foot length)—it is only an aid to help keep track of rows. Mark rows where shaping is worked and any other notes that are helpful to you.

Mark rows wherever you knit in a yarn marker

SOCK 1

cuff		heel flap—30 sts	foot 60 sts		toe shaping
1	51	1	1	61	
2	52	2	2	62	2
3	53	3	3	63	3
4	54	4	4	64	4
5	55	5	5	65	5
6	56	6	6	66	6
7	57	7	7	67	7
8	58	8	8	68	8
9	59	9	9	69	9
10	60	10	10	70	10
11	61	11	11	71	11
12	62	12	12	72	12
13	63	13	13	73	13
14	64	14	14	74	14
15	65	15	15	75	15
16	66	16	16	76	16
17	67	17	17	77	17
18	68	18	18	78	18
19	69	19	19	79	
20	70	20	20	80	
21	71		21	81	
22	72		22	82	
23	73	turn heel =30 sts	23	83	
24	74	th	24	84	
25	75	1	25	85	
26	76	2	26	86	
27	77	3	27	87	
28	78	4	28	88	
29	79	5	29	89	
30	80	6	30	90	
31	81	7	31	91	
32	82	8	32	92	
33	83	9	33	93	
34	84	10	34	94	
35	85	11	35	95	
36	86	12	36	96	
37	87	13	37	97	
38	88	= 18 stitches	38	98	
340	89	set up gusset –78 sts sts	39	99	
41	90	shape gusset	40	100	
42	91		41	101	
43	92		42	102	
44	93		43	103	
45	94	1	44	104	
46	95	2	45	105	
47	96	3	46	106	
48	97	4	47	107	
49	98	5	48	108	
50	99	6	49	109	
	100	7	50	110	
		8	51	111	
		9	52	112	
		10	53	113	
		11	54	114	
		12	55	115	
		13	56	116	
		14	57	117	
		15	58	118	
		16	59	119	
		17	60	120	
		18			
		= 60 stitches			
		15 sts—30 sts—15 sts			

SOCK 2

cuff		heel flap—30 sts	foot 60 sts		toe shaping
1	51	1	1	61	
2	52	2	2	62	2
3	53	3	3	63	3
4	54	4	4	64	4
5	55	5	5	65	5
6	56	6	6	66	6
7	57	7	7	67	7
8	58	8	8	68	8
9	59	9	9	69	9
10	60	10	10	70	10
11	61	11	11	71	11
12	62	12	12	72	12
13	63	13	13	73	13
14	64	14	14	74	14
15	65	15	15	75	15
16	66	16	16	76	16
17	67	17	17	77	17
18	68	18	18	78	18
19	69	19	19	79	
20	70	20	20	80	
21	71		21	81	
22	72		22	82	
23	73	turn heel =30 sts	23	83	
24	74	th	24	84	
25	75	1	25	85	
26	76	2	26	86	
27	77	3	27	87	
28	78	4	28	88	
29	79	5	29	89	
30	80	6	30	90	
31	81	7	31	91	
32	82	8	32	92	
33	83	9	33	93	
34	84	10	34	94	
35	85	11	35	95	
36	86	12	36	96	
37	87	13	37	97	
38	88	= 18 stitches	38	98	
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42	91		41	101	
43	92		42	102	
44	93		43	103	
45	94	1	44	104	
46	95	2	45	105	
47	96	3	46	106	
48	97	4	47	107	
49	98	5	48	108	
50	99	6	49	109	
	100	7	50	110	
		8	51	111	
		9	52	112	
		10	53	113	
		11	54	114	
		12	55	115	
		13	56	116	
		14	57	117	
		15	58	118	
		16	59	119	
		17	60	120	
		18			
		= 60 stitches			
		15 sts—30 sts—15 sts			